

# DECEMBER 2022

## RIO DEL ORO ELEMENTARY SCHOOL

### PROJECT RESILIENCE SNACK

Questions or concerns  
Contact Nutrition Services  
(530) 743-4428 or  
mdelong@plused.org

Monday



Tuesday

Wednesday

Thursday

Friday

Bagel = 2G  
w/ cream cheese  
Milk = 8oz  
\*Students must take all items

Muffin = 2G  
Milk = 8oz  
\*Students must take all items

Tortilla Chips = 1G  
w/ salsa = 1/4C V  
Juice = 3/4C  
\*Students must take all items

Cereal Bar = 1G  
Milk = 8oz  
\*Students must take all items

Snack Mix = 1G  
Milk = 8oz  
\*Students must take all items

Goldfish Crackers = 1G  
Juice = 3/4C F  
\*Students must take all items

Rice Krispie Treats = 1G  
Milk = 8oz  
\*Students must take all items

UBR = 2G  
Milk = 8oz  
\*Students must take all items

Pretzel Twists = 1G  
Milk = 8oz  
\*Students must take all items

Grahams = 1G  
Juice = 3/4C F  
\*Students must take all items

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

Please be advised – All menus are subject to change without notice due to ongoing nationwide food supply shortages and product unavailability. We will continue our best efforts to serve our students with the best products available.

We appreciate your patience and understanding as we work with our distributors to navigate through the shortages.

USDA is an equal opportunity provider, employer, and lender.